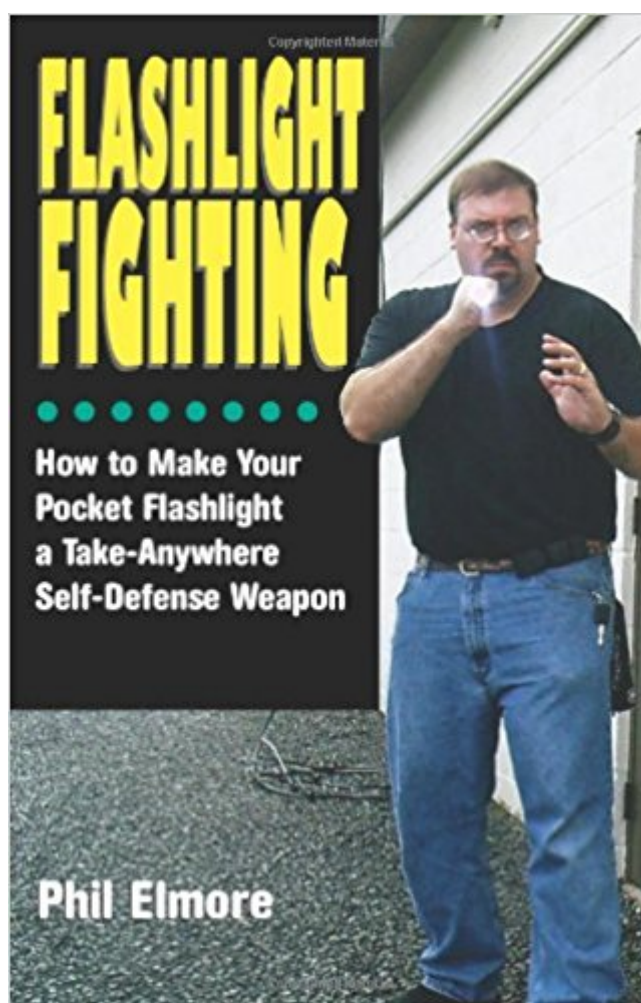


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# Flashlight Fighting: How To Make Your Pocket Flashlight A Take-Anywhere Self-Defense Weapon



## Synopsis

A simple 6-inch flashlight is an extremely potent self-defense weapon if wielded properly and is among the few useful items one may carry that has yet to be legislated into liability. Guns are strictly controlled in some areas; knives are subject to as many if not more laws, some of them so vague that they defy interpretation. Collapsible batons, billy clubs, mace and pepper sprays are often illegal, but few, if any, regulations concern the possession of the common pocket torch. About now you're probably thinking that you're in deep trouble if the only weapon you've got is a battery-powered flashlight, but anyone who knows how to use a palm stick knows just how effective even a short length of rigid material can be. Thrust into the body's soft targets, joints and other vital areas, it can debilitate and even kill an attacker.

## Book Information

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## Customer Reviews

Phil Elmore is a martial artist and professional writer living and working in central New York. The publisher of The Martialist: The Magazine for Those Who Fight Unfairly, Phil has become widely known in the self-defense and martial arts communities. Frequently controversial and always opinionated, he has contributed articles to a variety of online and print publications. These include Paladin Press' popular collection, Warriors: On Living with Courage, Discipline, and Honor. Phil can be reached through his Web sites, [www.philelmore.com](http://www.philelmore.com) and [www.themartialist.com](http://www.themartialist.com).

I thought this book was great....love it. Very informative. Hope he comes out with another. Thank

you Phil Elmore!!!

I ordered and recieved this book.....It is very out dated and not worth the price.....the author is using old outmode flashlights that were used in the 1950s and 60s.....however the photos and printing are clear.....they should have included some K.Y with the purchase.....

Doesn't go into great detail but gives you enough of an idea on how you can use your torch for self defense if necessary. Arrived very quickly in great shape. I recommend to anyone interested in self defense without carrying a gun.

If you somehow seem to forget your Street Long-sword, have no fear! While wearing your pedo-stache, make sure to have this surefire way of looking stupid at all times! Your best to chance is that your attacker see's that you are in fact insane after buying this book. If this does not work, be sure to check out my sequel: How To Get Beaten, While Wielding a Broken Flashlight.

As someone who has written numerous manuals on the use of the Yawara stick (or mini-baton, kubotan, short stick, persuader baton), I was happy to see someone write a manual on the use of the flashlight for self-defense. The author is the publisher of The Martialist: the magazine for those who fight unfairly. This small manual covers the essential elements of why the flashlight is an ideal weapon to carry at all times. As he points out, it is one of the few items you can carry legally anywhere in the world. (Note: The cane and pen are also items you can legally carry almost anywhere) In the six chapters he covers the reasons why everyone should carry a pocket flashlight, what types of flashlights are available, walking with confidence, the importance of awarness and proper body mechanics. I am in agreement with his philosophy, as I have been teaching the same principles for more than fifty years. He emphasizes that if a subject is clearly out to hurt you, attack, attack, attack. Indeed, the best defense is to attack your attacker. He also stresses to strike vulnerable areas of the body for best results. In conclusion, this is a well-written basic manual on the use of the pocket flashlight for self-defense. Rating: 3 stars. Joseph J. Truncale (Author: Police Yawara Stick Techniques, Univ. of Ill Pub.).

Based on Elmore's reputation among those in the know, I admit I read this out of a sense of morbid curiosity. It amazes me how much BS is in the self-defense/martial arts industry, although after 27 years it shouldn't surprise me any more. Elmore's flashlight fighting is 40 percent posturing, 30

percent theory, 20 percent simplistic technique and 10 percent stuff that might get you killed. Do not waste your money on this book. If you're interested in flashlight defense, read up on police tactical flash and yawara stick work. The combination will get you far better training than this train wreck.

I had no idea how I could find a legal multipurpose weapon until I stumbled upon this marvelous little book! Especially after JC Penney's (fascists!) refused to sell me a spare JA Henckels knife without insurmountable legal obstacles. I cannot seem to locate a even modest Ginsu set anywhere. Now I feel safe to walk around the neighborhood again. Thanks, Phil!

I have to admit that this is a catchy title, but the previous reviewer nailed it: Don't waste your money! There's just not much here. I was into martial arts for 8 years, and at least two of the author's suggestions (in my opinion) could actually end up getting you killed. After reading this, I'm convinced that anyone can get a book published. Save your money.

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